

## **Bridging Unit**

### **Psychology Year 12 to 13**

<https://www.illuminate.digital/aqapsych2/>

All students have individual log in details for the Year 2 text book that can be accessed through the above portal.

To prepare for level 2 study:

- 1) A recap of Chapter 1, "Approaches" covered at AS would be beneficial.
- 2) Find the case of Phineas Gage in Biopsychology and consider the implications.
- 3) Consider how your Circadian Rhythms affect work (academic) output.
- 4) Read the following Circadian Rhythm article

<https://www.loopa.co.uk/circadian-rhythm-biological-rhythms-aqa-psychology/>

- 5) Re cap on Research Methods "the story so far" pp 62.
- 6) Make sure you read quality papers in the summer months to keep up to speed with the economic implications of Psychological research.