



Enrichment Week Activities

8 – 12 July 2019

ERMYSTED'S GRAMMAR SCHOOL
Gargrave Road, Skipton, BD23 1PL

Animation Workshop using Lego

Year Group/s: 8

Detail: This is a day's workshop in which you have the exciting opportunity to work with Dawn Feather, a freelance video editor and animator. She will show you how to make stopmotion animations with the package "InspirEd Workshops". Through this session, you will learn the basics of animation the skills for which you will be able to practise and refine independently either at school or at home.

Venue: School

Meet: School

When: 8:45 pm - 3:40 pm

Needed: n/a

Uniform: No

Author Visit

Year Group/s: 8

Detail: This is a half-day session with "Spoz", a published performance poet and author. After an initial introduction, he will inspire and support you to create your own performance poems during "Poetry Slam" workshops. This will be an interactive and lively session where you will work in groups, with opportunities for you to both write and perform your work.

Venue: School

Meet: School

When: 8:45 am to lunchtime, or lunchtime to 3:40 pm

Needed: n/a

Uniform: No

Badminton

Year Group/s: 9 & 10

Detail: Pupils selecting badminton can expect ability based groupings and competitions which can operate with a handicap system. Alternatively, pupils can elect to participate in activities aimed at improving skill/confidence.

Venue: School

Meet: School

When: 8:45 am to lunchtime, or lunchtime to 3:40 pm

Needed: Sports kit and a drink

Uniform: No

Basketball Coaching

Year Group/s: 8 & 9

Detail: Experience a half day of high quality basketball coaching from a qualified basketball instructor.

Venue: School

Meet: School

When: 8:45 am to lunchtime, or lunchtime to 3:40 pm

Needed: Sports kit and a drink

Uniform: No

BMX Velodrome

Year Group/s: 10

Detail: Take this unique opportunity to experience the National Cycling Centre Indoor cycling track. The cost is inclusive of track hire, bikes (bikes will be height dependent and NOT AGE), helmets, safety equipment (elbow and knee pads) and training coach. Arrive ready to complete two separate hour-long sessions on at least one of the cycle tracks in the velodrome, together with a tour of the centre. ALL PARTICIPANTS MUST BE ABLE TO RIDE A BIKE AND CYCLE OUT OF THE SADDLE FOR A LONG PERIOD OF TIME.

Venue: National Cycling Centre, Manchester

Meet: School

When: 8:15 am - 4:15 pm (depending on traffic)

Needed: Wear suitable clothing; bring packed lunch or money to buy your lunch.

Uniform: No

Board Games

Year Group/s: 8, 9 & 10

Detail: Play a variety of board games for a morning or afternoon. Take this opportunity to learn or improve your chess skills.

Venue: School

Meet: School

When: 8:45 am to lunchtime, or lunchtime to 3:40 pm

Needed: n/a

Uniform: No

Bouldering at 'The Depot'

Year Group/s: 8, 9 & 10

Detail: *What is bouldering?* Bouldering is a style of climbing free from the use of ropes. Taking place above state of the art matting, climbers are free to

express themselves on hundreds of climbs (called problems) of every standard. Regardless of your level of fitness, everyone can enjoy bouldering. The Depot caters for all ages and fitness levels and has an expert team of friendly instructors who will get you started if you have never climbed before, or if you have climbed, can coach you to improve your technique. For more information, video clips and pictures visit www.theclimbingdepot.co.uk. We will meet at Skipton station at 9:15 am and travel by train via Leeds to Pudsey. We will then take a short walk to 'The Depot' for our climbing session. We will return to Skipton station for approximately 3:30 pm.

- Venue:** The Depot, Leeds
Meet: Skipton Train Station
When: 9:15 am - 3:30 pm.
Needed: Pupils will need a packed lunch and a drink. ('The Depot' does sell a small range of food and drink and Pupils are welcome to bring a small amount of spending money if they wish to purchase items from the venue; however, they do not sell sandwiches or alternative lunch items).
Uniform: No. Pupils must wear suitable loose fitting clothing e.g. tracksuit / shorts / t-shirt.

Boxing Boot Camp

- Year Group/s:** 8
Detail: Spend the day improving fitness and cardio-vascular output with top boxing coach Nik Tucker from Brockton Boxers.
Venue: School
Meet: School
When: 8:45 am to lunchtime, or lunchtime to 3:40 pm
Needed: Sports kit and water bottle
Uniform: No

Build a Rocket

- Year Group/s:** 8
Detail: Spend the morning or afternoon learning how to build rockets powered by air, water, ethanol and matches. Personalise your rockets with wings to help them fly further / higher.
Venue: School
Meet: School
When: 8:45 am to lunchtime, or lunchtime to 3:40 pm
Needed: n/a
Uniform: No

Careers

Year Group/s: 8

Detail: Bradford University will be presenting and supporting workshops on “Stereotyping in the Workplace”, a key unit in the year 8 careers curriculum. This is an interesting opportunity to work with specialists from different career backgrounds and to find out more about work environments. This is a half day experience which is free and is offered to each year half at a time.

Venue: School

Meet: School

When: 8:45 am to lunchtime, or lunchtime to 3:40 pm

Needed: n/a

Uniform: No

Careers

Year Group/s: 10

Detail: Year 10 will spend a day on “The Trading Game” which is delivered by a specialist Enterprise group. This will be an active and competitive day working in groups, simulating a finance and trade real-life work situation. Will you be able to compete under pressure? Could this potentially direct you to an Enterprising career?

Venue: School

Meet: School

When: 8:45 am - 3:40 pm

Needed: n/a

Uniform: No

Chester Zoo

Year Group/s: 9

Detail: Chester Zoo is a fantastic and unique learning experience for everyone and can bring your textbooks and school lessons to life! With an incredible 11,000 animals, an amazing collection of artefacts and enthusiastic experts ready and waiting to share their passion for the natural world with you, a visit here is an incredible day out. Throughout the day you will have plenty of time to explore the zoo with your friends.

Venue: Chester Zoo

Meet: Quad

When: 8:00 am - 4:30 pm (depending on traffic)

Needed: Packed lunch, dress appropriately for walking in the open air.

Uniform: No

Coastal Field Work at Formby

Year Group/s: 9

Detail: This is a great opportunity for pupils to participate in collecting coastal fieldwork data using a variety of equipment. The day will involve group work and using new equipment to investigate the sand dunes and vegetation, within a visit to the seaside!

Venue: Formby

Meet: School

When: 9:00 am - 3:40 pm

Needed: Packed lunch

Uniform: No

Code Cracking

Year Group/s: 8

Detail: Cracking codes and unravelling the true meaning of secret messages involves lots of maths, from simple addition and subtraction, to data handling and logical thinking. In fact, some of the most famous code breakers in history have been mathematicians who have been able to use quite simple maths to uncover plots, identify traitors and influence battles. Governments and organisations around the world are now investing millions to prevent unscrupulous countries and groups gaining access to their secrets, products and data. Are you up for the challenges that the cyber-world presents?

Can you crack this simple code? XZKGZRM NZIEVO

Spend half a day learning about codes and how they are created and cracked. Conclude the session by watching a film 'The Imitation Game' showing the role they have played in history.

Venue: School

Meet: School

When: 8:45 am to lunchtime, or lunchtime to 3:40 pm

Needed: A pen

Uniform: No

Cricket Coaching

Year Group/s: 8, 9 and 10

Detail: Spend a half day improving your cricket skills.

Venue: School

Meet: School

When: 8:45 am to lunchtime, or lunchtime to 3:40 pm
Needed: Sports kit, a drink, own cricket equipment if possible.
Uniform: No

Debating

Year Group/s: 8 & 9

Detail: Do you enjoy arguing? Do you enjoy thinking and talking about issues relevant to all our lives? Do like working, and competing, in a team? Spend a morning or afternoon learning how to participate in formal, competitive debating. Take part in a mini-competition over the day. Get to the final. Win glory!

Venue: School

Meet: School

When: 8:45 am to lunchtime, or lunchtime to 3:40 pm

Needed: n/a

Uniform: No

Film-making

Year Group/s: 9 & 10

Detail: Do you like films? Are you interested in how films are made? Work in small groups to plan, write, shoot and edit a short film in one day. Sit back and wait for your Oscar.

Venue: School

Meet: School

When: 8:45 am - 3:40 pm

Needed: n/a

Uniform: No

Football Coaching

Year Group/s: 8 & 10

Detail: Experience a full day (Year 10) or a half day (Year 8) high quality soccer coaching session from Soccer Hub coaches.

Venue: School

Meet: School

When: 8:45 am - 3:40 pm

Needed: Football kit (including boots) and a drink

Uniform: No

History Tour

Year Group/s: 8

Detail: This is a half day activity which provides pupils with an understanding of the development of Skipton from Medieval era through to modern day Skipton, with a particular focus on the industrial development of Skipton and the influence of the Leeds-Liverpool canal. Pupils will understand how the built environment of Skipton has developed and been re-used in a variety of ways.

Venue: Skipton

Meet: School

When: 8:45 am – lunchtime or lunchtime – 3:40 pm

Needed: A walk of around 4 miles needs suitable strong, comfortable footwear and a coat if the weather is poor.

Uniform: No

House Sport

Year Group/s: 9

Detail: Spend a day competing against other houses in four different sports. Teams will be picked based on ability to ensure even competition throughout the day.

Venue: Sports Hall

Meet: Sports Hall

When: 8:45 am - 3:40 pm

Needed: Sports kit and a drink

Uniform: No

Lancaster Castle and Places of Worship

Year Group/s: 10

Detail: This will include a tour of Lancaster Castle, including its court rooms (unless used that day for trials), medieval dungeons, modern prison cells and place of execution. We'll then proceed to have a tour of the neighbouring priory, cathedral, and Quaker Meeting House and Congregational Chapel. We'll spend time at Williamson's Park with its huge memorial and there'll be an hour's free time to go shopping/wander round. Ideal for pupils studying GCSE RS, but of general interest to anyone else.

Venue: Lancaster

Meet: Skipton station at 8:15 am (tbc)

When: 8:30 am - 5:30 pm

Needed: Wear sensible clothes (it is known to rain in Lancashire) and walking footwear. Bring a packed lunch. Tea can be bought in the city.
Uniform: No

Lightwater Valley

Year Group/s: 10

Detail: Spend a day at Lightwater Valley Amusement Park.
Venue: Lightwater Valley Amusement Park
Meet: School
When: 8:45 am - 3:35 pm
Needed: Packed lunch or money to buy your lunch at the park
Uniform: No

Making Amazing Automata

Year Group/s: 9 & 10

Detail: Automata are simple and complex models that mimic real life movement, usually in miniature. At the end of this one-day course you will have constructed one or possibly two simple automaton. Each working model will involve a range of tools, materials and mechanisms. When these are successfully combined, the turn of a handle will bring to life, a simple model of your own design.
Your day will begin with a session handling and exploring a selection of simple automata, giving you the chance to operate and understand some basic mechanisms and movements.
During the next part of the day you will be guided through an exercise that will teach you to build a basic mount to hold a crank and piston mechanism this will lift 1, 2 or 3 wire pistons that will operate your own simple automata.
Having gained the previous experiences the final part of the day will give you an opportunity to design and create your own idea.
Your tutor for the day is Ian Bracegirdle BA. He has worked as a teacher of Design Technology and Art to pupils from nursery through to 6th form and has run courses for teachers and other adults.

Venue: School
Meet: School
When: 8:45 am - 3:40 pm
Needed: n/a
Uniform: No

Making Marvellous Masks

Year Group/s: 8

Detail: At the end of the day you will leave your course with at least two Marvellous Masks that you have made from unusual and common materials. This one-day course will treat you to a series of experiences leading you to an understanding of masking traditions from various cultures, ancient and modern. Your day will begin as you handle a collection of over 25 original, exotic, tribal and carnival mask from over 15 cultures. This journey will take you into the age old traditions of masks, first recorded in cave painting 25,000 years ago, to modern masks seen in carnival parades, marvel comics and movies.

After an exercise that will show you how to rapidly make your own paper faces and masks, you will be introduced to a range of materials. Each of these materials will be demonstrated, along with tools and safe procedures. Your new understanding is designed to give you the impetus to create your own Marvellous Masks.

Your tutor for the day is Ian Bracegirdle BA. He has worked as a teacher of Design Technology and Art with pupils from nursery through to 6th form. He has also run courses for teachers and other adults.

Venue: School
Meet: School
When: 8:45 am - 3:40 pm
Needed: n/a
Uniform: No

Old Trafford

Year Group/s: 9

Detail: Spend the day touring the 'Theatre of Dreams' and learning what goes on behind the scenes at Manchester United.

Venue: Old Trafford
Meet: School
When: 8:45 am - 3:40 pm
Needed: Packed lunch. Money if wanted for a visit to the stadium shop.
Uniform: No

Parliament

Year Group/s: 9 & 10

Detail: Ideal for pupils wishing to pursue careers in law or politics or general interest. This will include a walking tour of Central London (or time in the

British Museum if the weather is poor) and then a tour of the Palace of Westminster, including (timings permitting) watching live debates in the Houses of Commons and Lords, and Q & A session with the Chief Whip (diary permitting) and a workshop explaining how laws are made in the UK.

- Venue:** London
- Meet:** School at 5:00 am, to join the coach
- When:** Retuning to Skipton between 12:00 am – 1:00 am
- Needed:** Waterproof coat. Packed lunch, money for tea. Security is very tight, phones and cameras will not be allowed into the Palace. Long coach journeys are tedious at the best of times. Packed lunch, waterproofs or/and sun cream. Pocket money for ice cream.
- Uniform:** Yes
- Places:** 29. Priority for places will be given to those who have already written letters to Mr Marsden as explained in assembly.

Play in a Day

Year Group/s: 9

Detail: Do you enjoy reading plays aloud? Would you like the opportunity to perform on stage in an informal setting? This day's workshop provides you with the opportunity to work in pairs and small groups, building up from reading a play to exploring ways of dramatizing it on stage. There is plenty of opportunity here for creativity, interpretation and a chance to express yourself. Don't fancy acting? There is also the chance to direct, write and plan.

- Venue:** School
- Meet:** School
- When:** 8:45 am – 3:40 pm
- Needed:** Clothes in which you feel comfortable to move around freely.
- Uniform:** No

Practical Cookery Course

Year Group/s: 10

Detail: This is part of a two day workshop which is only open to the year 10 GCSE Food group. It is an opportunity to enrich the GCSE course, by taking advantage of the opportunity to spend a full day in the food room. This will enable pupils to access the higher GCSE grades. The unit GCSE FOOD & NUTRITION – NEA 1 will be covered on Monday and NEA 2 on Tuesday.

Venue: School
Meet: School
When: 8:45 am - 3:40 pm
Needed: n/a
Uniform: No

Quarry & Caves

Year Group/s: 8

Detail: A chance to walk into Britain's longest cave, and see the marvels of stalactites and stalagmites! In the afternoon we will travel to a quarry to look at the economic and environmental opportunities resulting from our local geology. This trip will rock!!

Venue: White Scar Caves and Swinden/Threshfield Quarry
Meet: School
When: 9:00 am - 3:40 pm
Needed: Packed lunch
Uniform: No

Robotics

Year Group/s: 8

Detail: If you are interested in building, programming and using robots and similar systems you will find this one day course fascinating. You will build and program a kit robot which you can then take home. An ideal introduction into the world of robots, systems and engineering.

Venue: School
Meet: School
When: 8:45 am - 3:40 pm
Needed: n/a
Uniform: No

Samba Drumming

Year Group/s: 8

Detail: This is an exciting, energetic and dynamic group half day activity which does not require any previous experience of drumming. You will be taught the key techniques. The session will culminate in a group performance,

hopefully outside, to showcase what you have learnt. The drums and essential ear protection are hired out for a small fee (£2.50) from a charity.

Venue: Skirmish and Jump Arena, Leeds
Meet: School
When: 8:45 am - 3:40 pm
Needed: n/a
Uniform: No

Skirmish Paintballing and Jump Arena

Year Group/s: 10

Detail: Spend the morning at one of the largest paintballing venues in Yorkshire. The price includes 300 paintballs. Follow your adrenal rush with an afternoon session at Jump Arena, an indoor trampoline park with 50 Trampolines, Dodgeball Courts, Foam Pits and Basketball Hoops. Please note both activities require an extra parent consent form which needs to be completed before your child is allowed to take part in these activities.

Venue: Skirmish and Jump Arena, Leeds
Meet: School
When: 8:45 am - 3:40 pm
Needed: Suitable clothing, packed lunch
Uniform: No

Snozone Skiing and Adventure Golf

Year Group/s: 9 & 10

Detail: This trip is mainly available to pupils who can ski. Pupils must be able stop safely, link turns, and use a Poma button ski lift. Snozone staff reserve the right to remove skiers from the slope if they feel that they are a danger to themselves or others. A one hour private ski lesson can be organised at an extra charge although limited spaces are available.

The day will be split between skiing and adventure golf. Enjoy the thrill of snow sports at Snozone inside Xscape including an hour's recreational skiing. The 170m long main slope is covered with over 1700 tonnes of fresh snow, with 2 poma button lifts. The second activity is Volcano Falls Adventure Golf, the ultimate adventure golf experience. Conquering Volcano Falls is a quest you will never forget. Set on a mysterious island amid dense jungle with a ferocious T-Rex, exploding volcano and a plunging waterfall, lies a challenging course of 18 holes waiting to be defeated.

Venue: Snozone, Castleford and Volcano Falls Adventure Golf
Meet: School
When: 8:45 am - 3:40 pm
Needed: Essential equipment: warm clothing is required including jacket, gloves (no

gloves = no skiing) and thick socks. We recommend against wearing jeans as they won't be comfortable when wet after skiing. You cannot wear shorts when skiing.

Uniform: No

Table Tennis

Year Group/s: 9 & 10

Detail: Pupils selecting a half day of table tennis can expect ability based groupings and competitions which can operate with a handicap system. Alternatively, pupils can elect to participate in activities aimed at improving skill/confidence.

Venue: School

Meet: School

When: 8:45 am – lunchtime or lunchtime - 3:40 pm

Needed: Sports kit and a drink

Uniform: No

Tennis Coaching

Year Group/s: 8, 9 and 10

Detail: Spend the day learning or improving your tennis skills with quality coaching from Adam Cox and his coaching team.

Venue: Skipton Tennis Centre

Meet: School

When: 8:45 am – lunchtime or lunchtime - 3:40 pm

Needed: Sports kit, packed lunch and a drink

Uniform: No

Textile Workshop

Year Group/s: 10

Detail: An opportunity to explore and create using needle felting techniques. You should be able to make a fabulous creation to take home and wow your friends and family. In addition we will get a chance to use the sewing machines to create our own unique cushion cover. No previous skills are required for either activity. This should be a relaxing opportunity to do something creative that perhaps you've never tried before. All equipment and materials are provided.

Venue: School

Meet: School

When: 8:45 am – 3:40 pm

Needed: n/a
Uniform: No

The Great Yorkshire Show

Year Group/s: 10

Detail: Take this opportunity to visit the Great Yorkshire Show. This agricultural event aims to showcase the best of rural life:

- Animal judging
- Equestrian demonstrations,
- Rosemary Shrager cookery demonstration
- Food tasting
- Falcon displays
- and much more...

Venue: Harrogate

Meet: School

When: 8:45 am – 3:40 pm

Needed: Packed lunch and a drink or money to buy food

Uniform: No

Yoga

Year Group/s: 8

Detail: Yoga is a tool used to maintain good physical and mental health. It is also a great complement to sports and is a very useful method to deal with stress so can be a useful skill to use throughout school and into adult life. During this half day workshop pupils will be introduced to a range of yoga techniques including physical postures, breathing exercises and meditation. The workshop will include opportunity for discussion about the evolution of yoga and the benefits it can bring.

Venue: School

Meet: School

When: 8:45 am - lunchtime and lunchtime – 3:40 pm

Needed: Pupils should wear loose clothing, which they can move freely in.

Uniform: No